

FLAX SEED

TYPICAL ANALYSIS:

Protein	24%
Moisture	04%
Crude Fiber	08%
Total Carbohydrate	32.5%
Ash	3.4%
Total Fat	38%
Saturated	03%
Monounsaturated	06%
Polyunsaturated	29%
Linoleic Acid	07%
Linolenic Acid	22%
Thiamin	0.03 mg/100 grams of flax
Riboflavin	0.10 mg/100 grams of flax
Niacin	5.00 mg/100 grams of flax
Pyridoxine	10.0 mg/100 grams of flax
Pantothenic Acid	07.0 mg/100 grams of flax
Calcium	410 mg/100 grams of flax
Phosphate	880 mg/100 grams of flax
Sodium	32.0 mg/100 grams of flax
Potassium	880 mg/100 grams of flax
Boron	3.00 mg/100 grams of flax
Magnesium	750 mg/100 grams of flax
Zinc	12.0 mg/100 grams of flax
Copper	1.00 mg/100 grams of flax
Manganese	2.10 mg/100 grams of flax
Boron	3.00 mg/100 grams of flax
Chromium	0.50 mg/100 grams of flax
Vitamin E	0.60 I.U.
Vitamin A	10.0 I.U.
Alamine	4.0 g/100 grams of protein
Arganine	10.8 g/100 grams of protein
Aspartic Acid	10.0 g/100 grams of protein
Crystine	3.8 g/100 grams of protein
Glutamic	20.2 g/100 grams of protein
Glycine	6.0 g/100 grams of protein
Histidine	2.9 g/100 grams of protein
Isoleucine	4.6 g/100 grams of protein
Leucine	6.2 g/100 grams of protein
Lysine	3.9 g/100 grams of protein
Methionine	2.3 g/100 grams of protein
Phenylalanine	4.5 g/100 grams of protein
Proline	4.5 g/100 grams of protein
Serine	3.2 g/100 grams of protein
Threonine	4.6 g/100 grams of protein
Tryptophan	2.3 g/100 grams of protein
Tyrosine	2.7 g/100 grams of protein
Valine	5.2 g/100 grams of protein